

How To Manage Symptoms Of Bronchitis In Children At Home



Home management tips

Plenty of rest and sleep



Adequate fluid and nutritious food intake



Usage of a cool-mist humidifier at home



Usage of saline nasal spray to decongest the nose



Home remedies



Gargle with warm salt water for sore throat



Offer pineapple juice to break down mucus



Offer grapes and their juice for mucus release



Include probiotics after consulting the doctor