

Reasons For Boredom



There is nothing common between you and your partner.



Your relationship lacks love and romance.



Your partner feels neglected and taken for granted.



You feel disinterested in sex.



You feel your partner is emotionally unavailable.



You and your partner never indulge in a healthy debate.

Simple Solution



Join a hobby class together.



Go for dates or short-budget trips to spend quality time together.



you notes or messages each time they do something for you.



partner's fantasies and try out new tricks in bed.



regarding daily activities and funny instances. Over time, tap into deeper topics.

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interesting general topics and ask for their opinion on them.

